

# New Forest Carers Meetings

**Do you look after or support a relative, friend or neighbour in the New Forest with a long term illness/disability? Would you like to meet others who may understand how you feel? Then why not come along to one of our Cafés where you can meet your Carers Support Worker and have a tea/coffee and a chat?**

<b>Fordingbridge Café</b>	Held on the 1st Wednesday of each month 10.30am - 12.30pm. United Reformed Church, 41 Salisbury Street, Fordingbridge SP6 1AB. Contact Gilda 01425 513334 or Vicky 023 8028 6342.
<b>Everton Alzheimer's Carers</b>	Held in the 1st Thursday of each month 10.30am - 1.30pm - Includes lunch. St Marys Church Hall, Brownwood Close, Everton SO41 0LU. Contact David 01425 626060.
<b>Lyndhurst Café</b>	Held on the 1st Thursday of each month 1.30pm - 3.30pm. Lyndhurst Baptist Church Hall, Chapel Lane, Lyndhurst SO43 7FG. Contact Vicky 023 8028 6342 or Peter 023 8028 2378.
<b>Lyndhurst Fenwick2 For Stroke Carers</b>	Held on the 2nd Monday of each month 10.30am - 12.00noon. Resource Room, Fenwick2, Pikes Hill, Lyndhurst SO43 7NG. Contact Vicky 023 8028 6342 or Raj 023 8028 6402.
<b>New Milton Carers</b>	Held on the 2nd Monday of each month 2.00pm - 3.30pm. Quaker Hall, off Whitefield Road, New Milton. Contact Evelyn 01425 613593.
<b>Ringwood Café</b>	Held on the 2nd Thursday of each month 10.30am - 12.30pm. The Trinity Centre, Christchurch Road, Ringwood BH24 1DH. Contact Anne 01425 476327 or Vicky 023 8028 6342.
<b>Milford Carers For Stroke carers</b>	Held on the 2nd Thursday of each month 1.30pm - 3.30pm. The Treatment Room, Milford Hospital, Sea Road, Milford SO41 0PG. Contact Raj 01590 648120 or Vicky 023 8028 6342.
<b>Mental Health Carers</b>	Held on the 2nd Friday of each month 2.00pm - 4.15pm. The Hollies, Barton Court Road, New Milton BH25 6NN. Contact Gwen 01425 638389
<b>Lymington Café</b>	Held on the 3rd Tuesday of each month 10.30am - 12.30pm. United reformed church, High Street, Lymington SO41 9AG. Contact Vicky 023 8028 6342.
<b>Hythe Café</b>	Held on the 3rd Tuesday of each month 2.00pm - 3.30pm. The Community Centre, Jones Lane, Hythe SO45 6DU. Contact Vicky 023 8028 6342.
<b>Alderholt Café</b>	Held on the 3rd Wednesday of each month 10.30am - 12.30pm Evangelical Church, Hillbury Road, Alderholt, Nr. Fordingbridge SP6 3BQ Contact Vicky 023 8028 6342 or David 01425 626060
<b>Alzheimer's Café</b>	Held on the 3rd Wednesday of each month 1.00pm - 3.00pm Resource Room, Fenwick2, Pikes Hill, Lyndhurst SO43 7NG Contact Vicky 023 8028 6342
<b>Totton Café</b>	Held of the 3rd Thursday of each month 1.30pm - 3.30pm. Trinity Church, Hazel Farm, Totton SO40 8WU
<b>Lyndhurst Fenwick2 For Parkinsons Carers</b>	Held in the 4th Wednesday of each month 10.30am - 12.00noon. Resource Room, Fenwick2, Pikes Hill, Lyndhurst SO43 7NG. Contact Vicky 023 8028 6342 or Sheena 023 8028 6406.

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**Carers Together**

A consortium of carers in Hampshire  
Charity Number 1051879

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